

# Technology Development of Potential Local Resources for Food and Health

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Presented in THE INTERNATIONAL SEMINAR AND EXPO ON:  
 "PROMOTING LOCAL RESOURCES FOR FOOD AND HEALTH"  
 Conducted in Bengkulu, Indonesia, October 12-13, 2015  
 Organized by ISEProLocal 2015 Faculty of Agriculture, University of Bengkulu

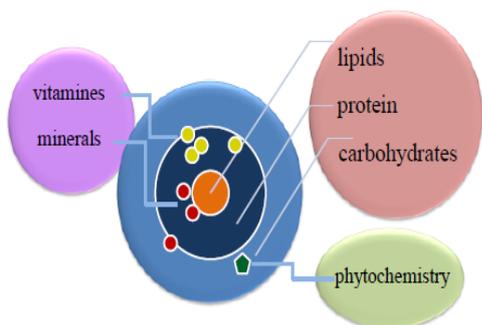


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## Quality of Foods



## Functional and Nutraceutical Substances in Food System



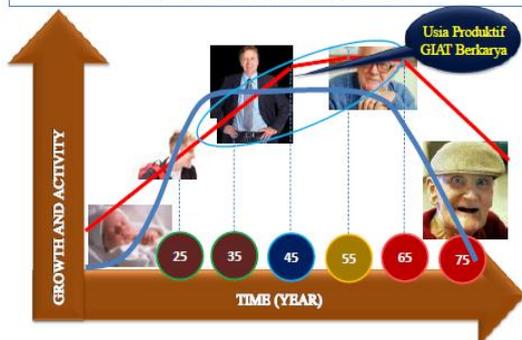
## Functional Foods

Food that have specific physiological or nutritional effects- nutraceuticals (Schmid and Labuza, 2000)

A functional food must remain food and it must demonstrate its effects in amounts that can normally be expected to be consumed in the diet: it is not a pill or capsule, but part of the normal food pattern (Roberfroid, 2005).

A food can be regarded as functional if it is satisfactorily demonstrated to affect beneficially one or more target functions in the body, beyond adequate nutritional effects in a way that is relevant to either improved stage of health and well-being and/or reduction of risk of disease

## TUBUH SEHAT SEMASA USIA TUA? PANGAN FUNGSIONAL SOLUSINYA!



There is close correlation between food and health!

**you are what you eat**



### How food affects on our health



This grandmother feels "hidup" 1000 tahun\* after drinking or eating yoghurt

### THESE TWO PINDANG ARE SIMILAR



PINDANG SALMON WITH YOGHURT BROTH FROM MANNHEIM

PINDANG PATIN WITH TEMPOYAK BROTH FROM PLEMBANG

### YOGHURT, YAKULT, AND TEMPOYAK



YOGHURT      YAKULT      TEMPOYAK

YOGHURT, YAKULT, AND TEMPOYAK ARE KIND OF FOOD PROCESSED BY LACTIC ACID BACTERIA FOR FERMENTATION IN ANAEROBIC CONDITION

### Lactic Acid Bacteria in Tempoyak

No	LAB	Source	Reference
1	<i>Lactobacillus fermentum</i>	Indonesia	Izza, 2000
2	<i>Lactobacillus mali</i>	Malaysia	Leisner <i>et al</i> , 2001
3	<i>L. corynebacterium</i>	Indonesia	Wirawati, 2002
4	<i>Leuconostok mesenteroides</i>	Indonesia	Wirawati, 2002
5	<i>Lactobacillus plantarum</i>	Malaysia	Anin <i>et al</i> , 2004
6	<i>Pediococcus acidilactici</i>	Indonesia	Yuliana, 2004
7	<i>Lactobacillus fersantium</i>	Indonesia	Nur, 2005
8	<i>Lactobacillus casei</i>	Indonesia	Nur, 2005
9	<i>Lactobacillus durianis</i>	Malaysia	Leisner <i>et al</i> , 2005
10	<i>Leuconostoc chironis</i>	Malaysia	Leisner <i>et al</i> , 2005
11	<i>Lactobacillus brevis</i>	Indonesia	Yuliana <i>et al</i> , 2009

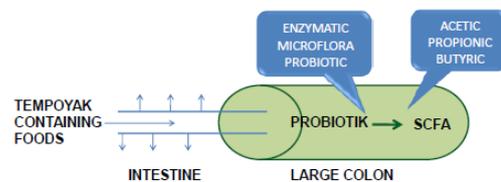
### Have you drink it today?

#### Yakult Functional Probiotic:

1 bottle = contain 6,5 milyar of LAB Cells  
2 bottles = 13 Cells of LAB

Based od lab contents, 2 bottles of yakult similar to 2 tea spoons of tempoyak!

### TEMPOYAK AS PREBIOTIC



Action of tempoyak mechanisms as prebiotic

### Cassava: One of The Potential Resources For Foods and Health

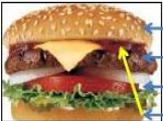


GOOD CASSAVA: Depend on Starch (amylum) content, dietary fibre, glycoprotein, linamarin, and lotaustralin

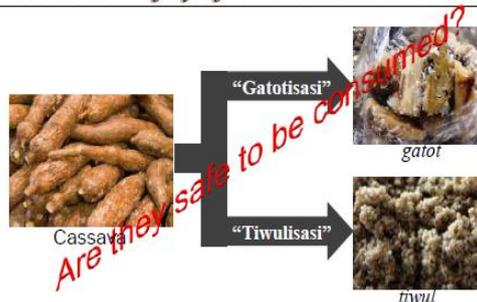
### FIVE POINTS FOR FOOD PRODUCT DEVELOPMENT

- Pride of Nationalism
- Product Competitiveness
- Taste Uniformity
- Functionality Aspects
- Market Orientation

## Pride of Nationalisms Have to be Developed

 <p><b>BURGER</b></p> <p>A foreign product, not Indonesian Food</p>	 <p><b>COMBRO</b></p> <p>Local Food, Indigenous Product of Indonesia</p>
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## The Higher Technology Compare to Combro Production: Safety of Cassava and its Products



“Gatofisasi”  
gatot

“Tiwulisasi”  
tiwul

## HIGHER TECHNOLOGY

*The way to make tiwul better?*



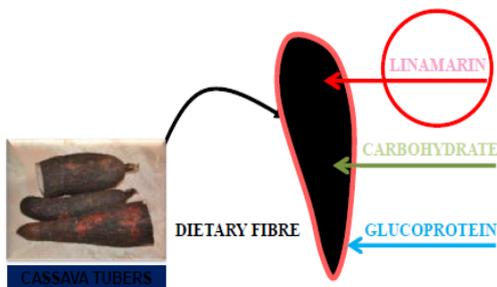
THE DEVELOPMENT OF FOOD PROCESS

## Deeply Science of Cassava



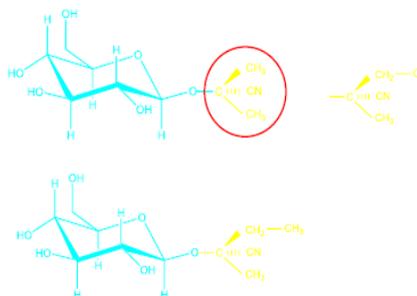
Cassava tuber consists of 15-1000 mg/kg linamarin (Simeonova & Fishbein, 2004):	
Sweet Cassava	: < 50 mg/ kg
Common Cassava	: 50-100 mg/ kg
Bitter Cassava	: > 100 mg/ kg

## Linamarin in The Cassava Tuber: Key of Safety

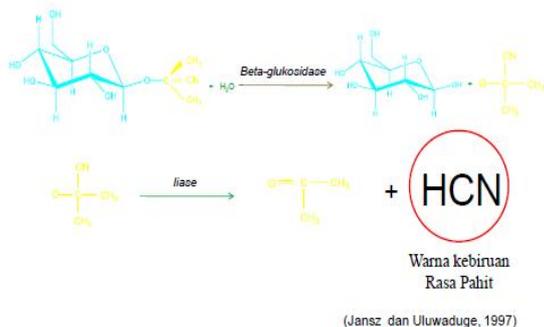


CASSAVA TUBERS

## Linamarin dan Lotaustralin



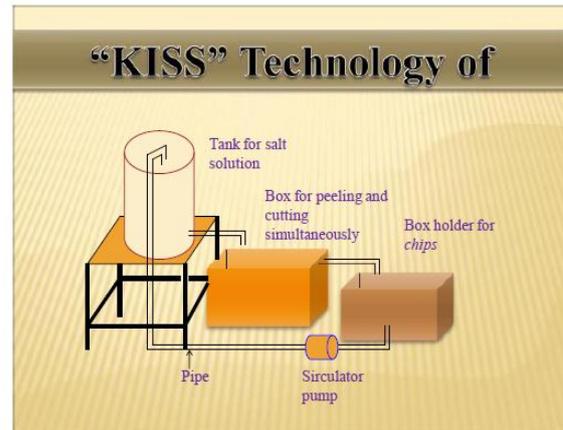
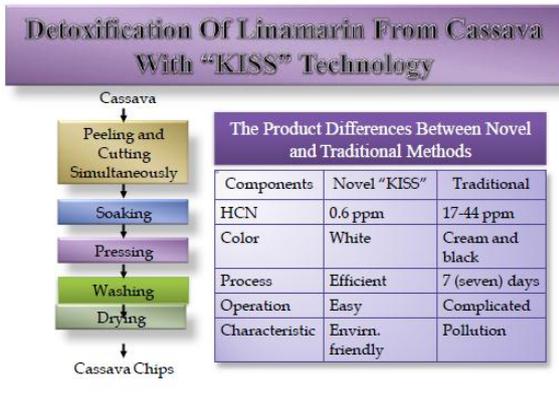
## Pembentukan HCN



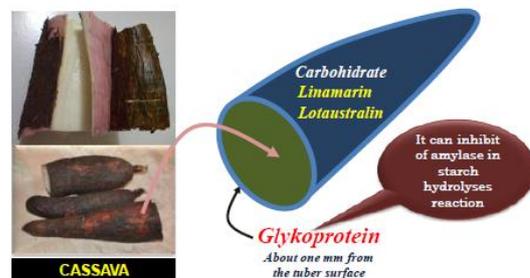
## How to Decrease of Linamarin in Cassava Tuber?



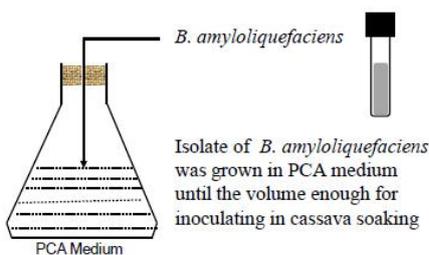
Soaking of cassava root resulted in a decrease in total cyanogen (Linamarin) content of 13- 52% after 24 hours, 73-75% after 48 hours and 90% after 72 hours (Agbor-Egbe and Lape Mboome, 2006)



### The Role of Glycoprotein in Cassava Tuber



### Preparation of *Bacillus amyloliquefaciens* Inoculum



### Hydrolyses of Carbohydrate



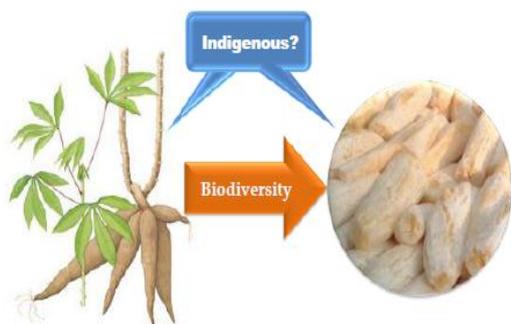
### BEBI-Q: Produk Kreatif dan Inovatif



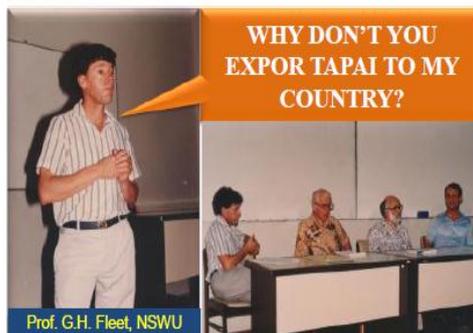
### NOVEL PRODUCT OF CASSAVA RICE: BEBI-Q



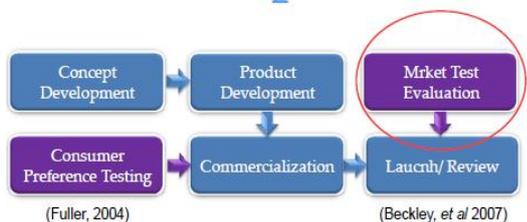
## CASSAVA FOR TAPAI



## Tapai as a Traditional Food of Indonesia



## Managing Product Development

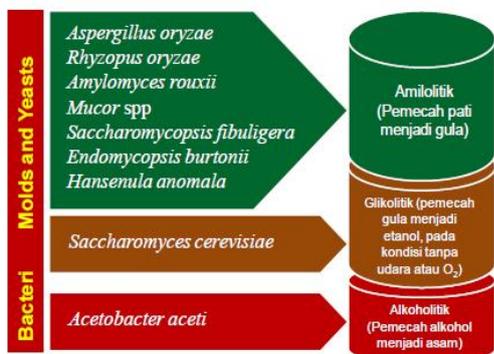


## Good Quality of Tapai Influenced by The Quality Ragi

**Good Ragi:**

1. White color, contains amylolytic molds and yeasts
2. The microorganisms growth rapidly after inoculation
3. Contains no *Acetobacter aceti* that produce acetic acid
4. Produce sweet tapai with hard texture, and little or no alcohol production
5. Packaged in aseptic condition

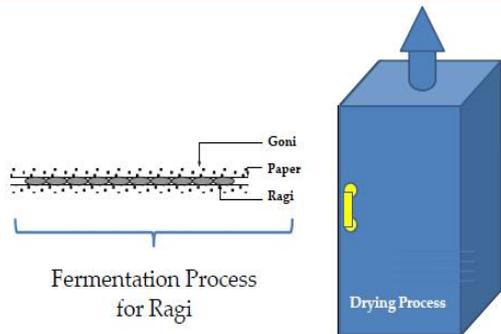
## MIKROBIOLOGICAL OF RAGI



## TECHNOLOGY DEVELOPMENT OF RAGI



## INNOVATIVE TECHNOLOGY FOR MONOCONDIMENT RAGI



## TECHNOLOGY DEVELOPMENT OF TAPAI





Ragi Tapai Bumbu Tunggul Alih teknologi tahun 2001 di Air Sugihan Kiri (AISUKI) sampai sekarang masih diproduksi, berkembang asetynya, perlu peningkatan kemasan yang lebih baik agar penampilan dan daya simpan meningkat dan pemasaran lebih luas lagi



THE TASTE IS MORE SWEET, LOW OR FREE ALCOHOL, CARAMEL FLAVOR, LONG AGE STORAGE

## Innovative Tapai

## Packaging of Tapai

Produk Kreatif-Inovatif dari bahan baku tapai dibuat dodol tapai yang lebih enak dan rasa pas untuk pangsa pasar ekspor



## Other Local Resource for Food and Health

What do you think about Gambir? The Commodity you can find it in the Area of Rejang Lebong?

## Gambir (*Uncaria gambir* Roxb) Who is care about this plant?



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## THE NEGLECTED PLANT, NOBODY CARE UNTIL 1999



1899-1900  
(Ardiyanto Galery, 2008)

1999-2000  
Pambayun *et al*, 2000)

## Mengapa peroduksi gambir masih bertahan sampai sekarang?



Banyak yang membutuhkan Pembeli pasti untung besar Kita tidak sadar bahwa Menjual produk setengah jadi ≈ rugi



It must be very important product, concerning with chemistry, microbiology, and chemical engineering to be used for formulating any products

## Jenis Senyawa Katekin

Senyawa	R1	R2	R3
(+)-Katekin	H	OH	H
(-)-Katekin galat	H	OG	H
(+)-Galokatekin	OH	OH	H
(-)-Galokatekin galat	OG	OG	H
(-)-Epikatekin	H	H	OH
(-)-Epikatekin galat	H	H	OG
(-)-Epigalokatekin	OH	H	OH
(-)-Epigalokatekin galat	OH	H	OG

SENYAWA KATEKIN UTAMA DALAM GAMBIR ADALAH (+)-KATEKIN (PAMBAYUN *et al*, 2007)

## JENIS KATEKIN DALAM GAMBIR

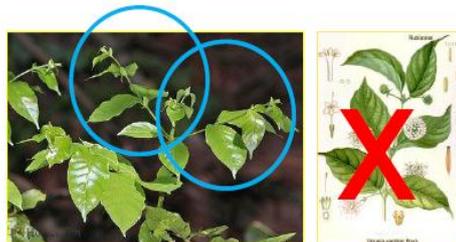
(Invensi Pertama: Lahir Ilmu tentang Senyawa Utama dalam Gambir)

- Pambayun *et al*, 2007a dan Pambayun *et al*, 2007b, jenis katekin dalam gambir adalah (+)-katekin
- Taniguchi *et al*, 2007. Senyawa gambirin adalah dimer dan oligomer (+)-katekin

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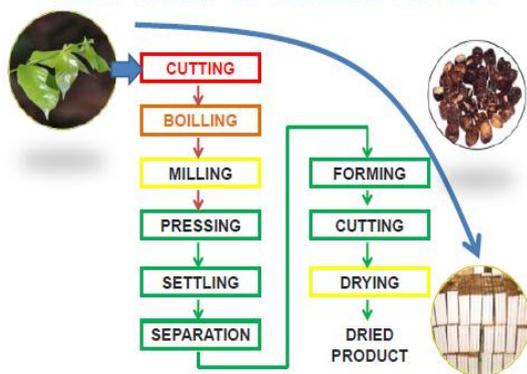
## YOUNG LEAF HAS HIGH CATECHIN



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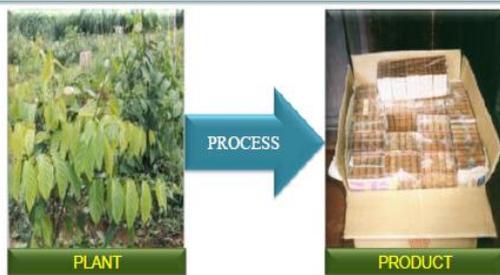
## FLOW CHART OF GAMBIR PROCESS



## Aneka Produk Gambir



## PRODUCT OF GAMBIR (GAMBIER EXTRACT)



## Ekstraksi dan Purifikasi dengan Berbagai Pelarut dan Metoda



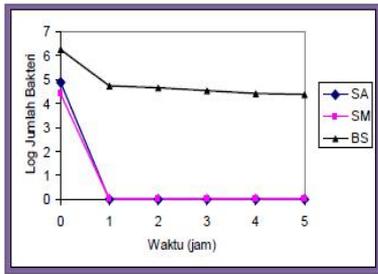
Extract dari gambir selanjutnya diujikan antioksidan dan antibakterinya

Minimum inhibitory concentration of gambir (*Uncaria gambir* Roxb) ethylacetate extract (Pambayun *et al*, 2007)

Konsentrasi Katekin (%)	Diameter Daerah Hambat (DDH), mm					
	EC	ST	SF	SM	S4	BS
0.50	0.00	0.00	0.00	0.00	0.00	0.00
1.00	0.00	0.00	0.00	0.00	0.00	0.00
1.50	0.00	0.00	0.00	0.00	0.00	0.00
2.00	0.00	0.00	0.00	0.00	0.00	0.00
2.50	0.00	0.00	0.00	0.00	0.00	0.00
3.00	0.00	0.00	0.00	10.33	9.67	9.33
4.00	0.00	0.00	0.00	11.33	10.67	10.00
10.00	0.00	0.00	0.00	14.67	14.33	14.00
15.00	0.00	0.00	0.00	16.33	15.67	15.33
20.00	0.00	0.00	0.00	19.67	17.67	17.00

Keterangan: EC=*Escherichia coli*, ST=*Salmonella typhimurium*, SF=*Shigella flexneri*, SM=*Streptococcus mutans*, S4=*Staphylococcus aureus*, dan BS=*Bacillus subtilis*.

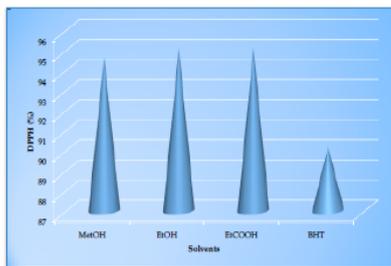
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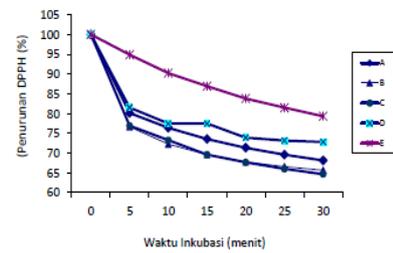
Laju kematian bakteri a) *Streptococcus mutans*, b) *Staphylococcus aureus*, dan c) *Bacillus subtilis* yang ditumbuhkan pada media *Nutrient Broth*, inkubasi 37 °C selama 10 jam setelah diintroduksi dengan perlakuan katekin pada kadar 8 %.



### Antioxidant of Gambier Extract



The Extract of gambier leaves has high potency as antioxidant, even compare to butylated hydroxy toluen (BHT) (Pambayun, *et al*, 2011)



Antioxidant characteristic of gambier extract expressed by decreasing of DPPH (%) with incubation time 30 minutes use interval 5 minutes [A=Aquades and ethanol (1:1), B=Ethanol and Ethyl Acetate (1:1), C= Ethyl Acetate, D= Rutin, and E-BHT]

### FOOD (MEAT BALL) PRESERVATION WITH GAMBIER EXTRACT



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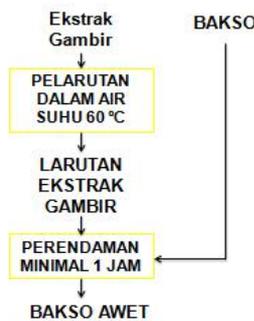
## GAMBIER FOR FOOD PRESERVATIVE

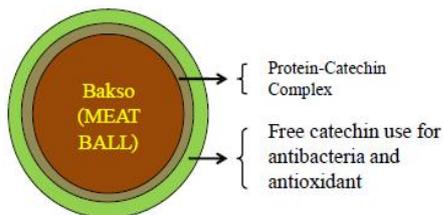
### PENGUJIAN ORGANOLEPTIK BAKSO YANG DIAWETKAN DENGAN GAMBIER



MESKIPUN WARNA BERUBAH KEKOKELATAN, RASA BAKSO BERKATEKIN LEBIH ENAK

### PROSES PENGAWETAN



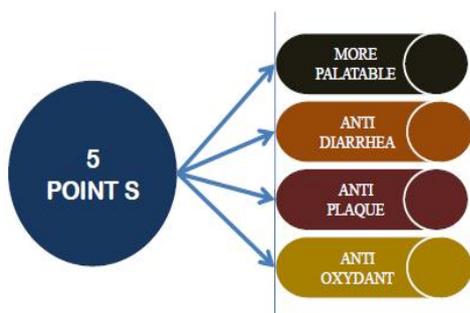


Coating Model of Meat Ball by Catechin

### Pengujian Keamanan



### THE ADVANTAGES OF BAKSO PRESERVED BY GAMBIER EXTRACT



### Offered Product



DIPRODUKSI DALAM JUMLAH BESAR DALAM WADAH SATUAN TERTENTU UNTUK PENGAWETAN BAKSO DAN TAHU DI PASAR, SEHINGGA BAKSO DAN TAHU SEGAR BERTAHAN HINGGA ENAM HARI

### Paten Pengawet Bakso



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## GAMBIER FOR HEALTH: AS A FUNCTIONAL DRINK

### Green Tea Mixed with Gambier To Produce Functional Drink

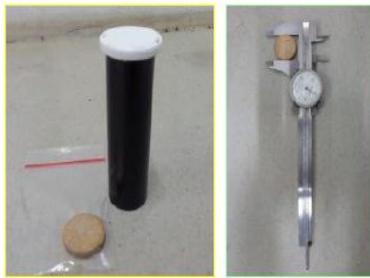


Sinergy between epigallo catechin gallate with catechin of gambier

### LAUNCHING OF GREEN TEA GAMBIER PRODUCT



## Effervescent Tablet for Functional Drink



## Gambir Digunakan Nenek Moyang



Gambir is used in Indonesia for chewing with areca and betel, for tanning, and for dyeing. It contains many catechins which are known to have many medicinal properties and are components of Chinese herbal remedies and certain modern medicines (Leen et al, 2003).



## GAMBIER FOR FUNCTIONAL CANDY (ANTIPLAQUE AND ANTICARIES)

Gambir: Stopping the role of Streptococcus mutans to form plaque and caries

Good therapy for avoiding plaque and Caries?



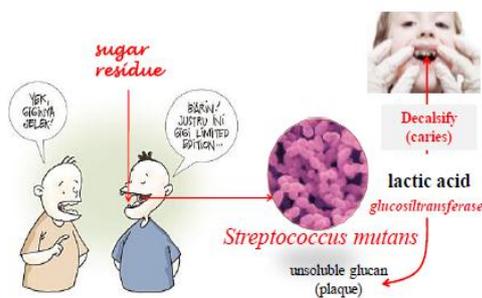
Chewing betel leaves and gambir showed that the teeth avoid from plaque and caries



How it can be ?

Chewing Betel, Travel Sixty, 2011

## Plaque and Caries Formation on Teeth



## Scientific Explanation

Based on the DATA, catechin inhibit Gram-positive bacteria *Streptococcus mutans*



*Streptococcus mutans* inoculum



Gram-positive bacteria introduced with gambir extracts

## Antiplateau Testingin Junior High School



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## Mean of dental plaque index

Group	Plaque Index before	Plaque Index before
A	2,75 ± 0,144	1,55 ± 0,16
B	2,70 ± 0,687	1,89 ± 0,53
C	2,54 ± 0,12	2,17 ± 1,9
D	2,81 ± 2,17	2,79 ± 2,77
E	2,16 ± 0,30	2,41 ± 0,34

Explanation:

- Group A : Chewing 5% extract-gambir-containing candy
- Group B : Chewing 7,5% extract-gambir-containing candy
- Group C : Chewing 10% extract-gambir-containing candy
- Group D : No chewing candy
- Group E : Chewing sucrose-containing candy

4. For beautifulnes

# GAMBIER FOR BEAUTIFULNESS

(MASKER DAN MINUMAN)



## The Offered Product of Beautifulnes Scrubes



**Ingredient: Natural Antioxidant (+)-catekin from gambir**

**Aturan Pakai**  
Ambil secukupnya, larutkan dalam air hangat, oleskan sambil dipijit di permukaan kulit biarkan selama minimal dua jam dan cuci dengan air hangat

### Other Traditional Function: Basic Formulation

Abu Nawar's Recipe (2001) Pesisir Selatan, Padang West Sumatera



"Taluk ayam kampung, madu satu sendok, sakare gambier, setengah gale air panas, diaduk sampe bebuih, anget langsung diminum!"

# GAMBIER FOR FUNCTIONAL endurance

(strong men and women)

## Reward for Research Result From The Government



Penghargaan APN Bidang Penelitian dari Menteri Pertanian Republik Indonesia dan Tropi dari Presiden RI, 2012



